



CARDIAC CATH AND PERIPHERAL VASCULAR INSTRUCTIONS

Location: The Chester County Hospital Cardiovascular Center is located on the second floor. Take the first set of elevators you come to after the main lobby. Once on the second floor, follow the signs to the Cardiovascular Center.

Pre-admission Testing: The Cardiovascular Center (610-738-2770) will contact the patient to schedule pre admission testing. This testing will be done prior to the day of the procedure and includes registration, blood work, EKG and chest x-ray if not already done. Your orders will be faxed over, you do not need to take paperwork with you.

Time: The cath lab will call the patient the afternoon before the procedure between 3-6PM to instruct the patient as to what time to report to the hospital.

Echocardiogram: Will be scheduled at West Chester Cardiology office if you have not had one within the past 6 months.

Food/Drink: No food or drink after midnight, the night before the procedure except the water needed to take you medications and any special instructions below.

Medications: The patient is to take prescription medication the morning of the procedure with a sip of water, unless the patient was instructed otherwise. Stop Coumadin/warfarin 5 days prior to the Cath as instructed. Stop all Glucophage/metformin containing medications the morning of the procedure and two days following the procedure. One half dose of other oral diabetic medication and insulin should be taken that morning.

**** DO NOT STOP PLAVIX OR ASPIRIN PRIOR TO PROCEDURE****

IV Dye Allergy Prep:

Prednisone 50mg- take 1 tab every 6 hrs and morning of procedure for 3 doses

Benedryl 25mg- take 1 tab every 6 hrs and the morning of procedure for 3 doses

Tagament 300 mg-take 1 tab with the 1 dose of prednisone and 1 tab the morning of procedure (2 doses total)

Mucomyst (Acetylcysteine) Prep:

600mg dose: Mix 3 mL (3/4 tsp) with 4 oz of OJ 7AM and 7PM the day prior to procedure. Take last dose the morning of the procedure.

1200mg dose: Mix 6 mL (1 tsp) with 4 oz of OJ 7AM and 7PM day prior to procedure. Take the last dose the morning of the procedure.

The patient should take warm socks and any personal items with them to the hospital. If angioplasty is required, the patient will stay at the hospital over night and go home the next day. The patient will need to arrange for transportation home from the hospital. The patient is not permitted to drive home.