



**West Chester Cardiology**

www.westchestercardiology.com

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## STRESS ECHO INSTRUCTIONS

1. No caffeine after midnight the night before the stress echo.
2. You may have a light meal 2 hours prior to the test.
3. You may take your medications.
4. Wear comfortable clothes and shoes – preferably with a rubber sole, i.e. sneakers.
5. Usually the physician will discuss your test results with you at the time of the visit or you will be called by the next business day with the results.

**PLEASE CHECK WITH YOUR PRIMARY CARE PHYSICIAN'S OFFICE TO  
MAKE SURE TO HAVE YOU HAVE A CURRENT REFERRAL.**

Co-pays are expected at the time of the visit.